



RECOVERY IS POSSIBLE



SISTERHOUSE ANNUAL REPORT 2019

**SisterHouse is a sponsored ministry of
the School Sisters of Notre Dame**

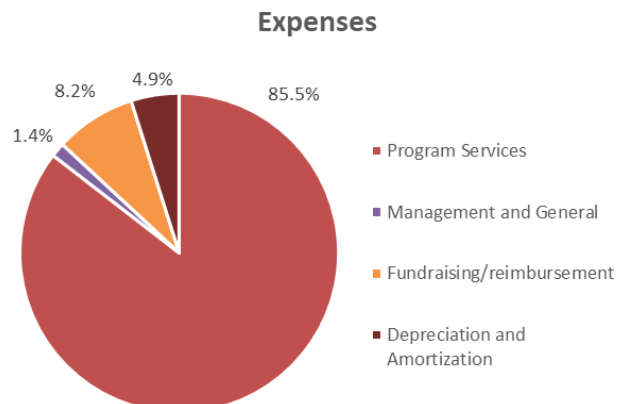
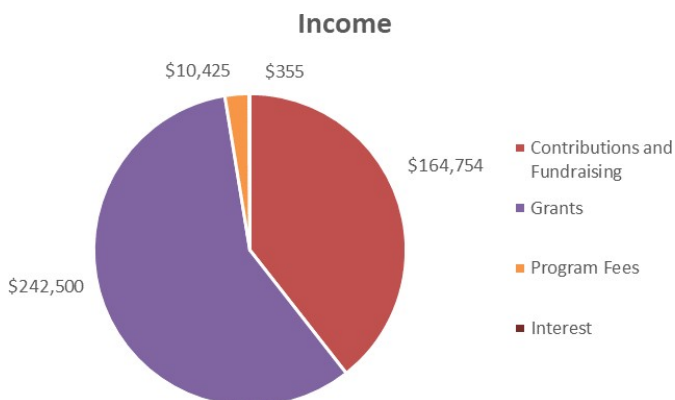
SISTERHOUSE FINANCIAL STATEMENTS

SisterHouse is tax exempt under Section 501(c)3 of the Internal Revenue Code. Our revenue comes from individual donations, grants from corporations and foundations, church donations, fundraising, earned income, and a yearly contribution from the **School Sisters of Notre Dame**.

Like many nonprofits **SisterHouse** relies on donor contributions. Our contributors have continued to express their belief in our mission by supporting us through their monetary gifts. These donations keep **SisterHouse** accessible and open to serve the next woman in need.

We are truly grateful for the continued financial support provided by churches, grants, foundations, and individuals. We do not take your giving lightly. We are blessed to have you.

SisterHouse				
Condensed Statement of Financial Position for the Year 2019				
		\$		%
Income				
Contributions and Fundraising		\$ 164,754		39.4%
Grants	Contributions & Fu		73	44.5%
Program Fees	Grants	10,425	155,000	49.4%
Interest	Program Fees	355	17,977	5.7%
Total Income	Interest	\$ 418,034	49	0.1%
	Total Income		\$ 313,7	100.0%
Expenses				
Program Services	Program Services	\$ 336,787	\$ 210,5	85.5%
Management and General	Management and General	5,681	4,7	1.9%
Fundraising/reimbursement	Fundraising/reimbursement	32,405	30,8	12.5%
Depreciation and Amortization	Depreciation	19,224	30	0.1%
Total Expenses	Total Expenses	\$ 394,097	\$ 246,4	100.0%
Increase in Net Assets				
Increase in		23,937	67,334	
Net Assets, Beginning	Net Assets, Ending	318,006	\$ 411,874	
Net Assets, Ending		\$ 341,943		



SISTERHOUSE 2019 FUNDRAISERS

**60-Day Challenge
Spring Fling and Bling
Fall Fundraiser at Fitzgerald's
Women in Recovery Rock Luncheon**

SisterHouse is always looking for new ways to partner with the community and add fundraisers to our calendar. Do you have an idea for a fundraiser? Would you like an opportunity to work with a local non-profit? Reach out! We want to hear from you!

Tiffany Harrison tiffanymfh@gmail.com

Your Donations Make a Difference

- \$35.00 can help one lady a week in transportation to search for employment, housing referral, and family visits.
- \$50.00 can help two ladies with toiletries, laundry soap, deodorant, and other personal items.
- \$75.00 will support three ladies to obtain their birth certificate.
- \$160.00 will support eight ladies in getting their state ID.
- \$1,000.00 will help restore the family cycle by helping provide retreats on healing and building relationships and family events.
- \$5,000.00 will provide a wide range of educational opportunities including computer literacy, recovery education, tutoring in English and Math.

Donate Online: www.sisterhousechicago.org

Our Mission

SisterHouse is a faith-orientated community of women that:

- offers a temporary home to women seeking recovery from substance abuse
- provides a secure environment of respect, order and peace
- offers opportunities for growth in self-esteem and spiritual maturity
- requires accountability and responsibility



Our Board

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SISTERHOUSE 2019 PROGRAM REPORT

In 2019, **SisterHouse** provided shelter and services to a total of 46 women. Most were homeless and addicted to heroin or crack. Many were using prostitution to support their drug addictions. While heroin addiction has always been present at **SisterHouse**, 2019 brought a much higher than usual group of women coming to **SisterHouse** struggling with heroin addiction. For those without private health insurance, the choices are few. Medicaid will pay for up to a 28-day stay in a detox facility, but there are very few recovery homes where women can go post-detox to truly recover from a life of poverty and addiction.

Profile of the women served (3-year average):

- 96% are verified as homeless
- 92.1 % had been released from detox or another institution (jail or hospital) with nowhere to go
- 52.5% have at least one felony conviction
- 90% have been determined to have poor life skills
- 78% are determined to possess low self-esteem
- 60% do not have a high school diploma
- 62.4% were regularly involved in some form of prostitution
- 100% have no private health insurance
- 56.5% have untreated mental illness
- 72% have stated that they have never had a bank account or know how to balance a budget
- 90% African American
- 5% Caucasian
- 5% Hispanic

SISTERHOUSE 2019 PROGRAM EVALUATION

New to **SisterHouse** is the addition of our “**Steps to Self Sufficiency**” program which offers classes and workshops that focus on helping our clients to develop the key life skills they need to get them through their time at **SisterHouse** and be better prepared to maintain permanent sobriety once they leave.

While life skills may seem common to many people, often they are not learned by individuals who have experienced traumatic life events such as homelessness, abuse, neglect, poverty, addiction, and more. If we are not shown the proper skills needed for a happy, healthy life throughout childhood and adolescence, we may not develop these skills as an adult. Learning life skills is necessary to optimize your health and wellbeing.

Our clients are taught skills that are necessary to achieve personal goals and success in the job market such as time management, self-control, problem solving, goal setting, teamwork, effective communications, and conflict resolution.

We believe that in order to break the cycle of homelessness, we must strengthen and empower the women we serve by providing them with the life skills necessary to become self-sufficient and economically independent once they leave SisterHouse.

SISTERHOUSE 2019 ACHIEVEMENTS

2019 GOALS

2019 ACHIEVEMENTS

- | | |
|---|---|
| 1. 100% of clients will stay sober/drug free and actively work towards their recovery. | <ul style="list-style-type: none">• 78.6% of the women living at SisterHouse (34 of 46) remained sober and drug free. 10 relapsed and needed to return to detox. Two left without notice.• 78.6% of clients who were in Phase I (34 women) attended at least 10 AA meetings each week.• 100% of clients who were in Phase II (10 women) attended at least 4 AA meetings each week.• 100% of clients in Phase III (10 women) obtained an AA sponsor and regularly met with them. |
| 2. Clients will address their untreated mental health issues. | <ul style="list-style-type: none">• 100% of clients who were in Phase I during 2019 (46) received a mental health evaluation and began following the recommended treatment plan. |
| 3. Clients will increase their life skills, self-esteem, and their hope for the future. | <ul style="list-style-type: none">• 100% of clients (46 women) participated in life skills classes.• 69.6% of clients (32) achieved a passing score in their post-class quizzes indicating skill gain.• 78.2% of clients (36 women) saw an increase in their survey scores from baseline to post test. Ten women left the program before a post-test could be administered. |
| 4. Clients will develop a marketable job skill. | <ul style="list-style-type: none">• 66.6% of clients in Phases II or III (6 of 10 women) developed or are developing a marketable skill to prepare them for employment. |
| 5. Clients will obtain employment and increase their income. | <ul style="list-style-type: none">• 66.6% of clients in Phases II or III (6 women) obtained employment and increased their income. Three dropped from the program prematurely during this time. One woman remained at SisterHouse while looking for a job. |
| 6. Clients will obtain permanent housing. | <ul style="list-style-type: none">• 66.6% of clients in Phase III (6 women) found permanent housing. |

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FROM OUR BOARD CHAIR



In 2019, we truly made our house a home. Thank you for your financial support and in-kind donations as we renovated, updated, and settled in.

Our Open House in February welcomed many new and longtime **SisterHouse**

friends. We came together again at our Spring Fling and Bling, Women In Recovery Rock Luncheon, and the Fall Fundraiser at FitzGerald's.

What we do best is provide a safe and supportive environment and home for women in recovery. What you do best is help us to keep the **SisterHouse** home and programs running smoothly, and allowing us to care for all who enter our doors with love, compassion and dignity.

We are grateful for all of you!

Sincerely,
Susan Lescher, Board Chair

FROM OUR EXECUTIVE DIRECTOR



As we look forward to the future of this great program, I know that continued success is inevitable because of the combined strength of the wonderful people who comprise our staff and partners. As we celebrate our 2019 accomplishments together, I am eager to see what is in store for **SisterHouse** in the new decade.

What we create and what we do here is relevant and valued throughout Oak Park, Austin and the entire Chicagoland area. I've been a member of this outstanding organization for almost three years and am well aware of the high expectations to which it is held, and rightly so. I have no doubt that we will continue to work hard to meet those expectations. To do so, leadership will act judiciously and rigorously to maintain an unwavering dedication to the sustainability of our measures. That is why I'd like to extend my special thanks to the staff, residents, donors and volunteers who keep **SisterHouse** moving forward. Each one of you has something to contribute, and I appreciate the many ways you advance our shared mission.

I will continue to count on your support, and as your Executive Director, I give you my pledge that together we will do all we can for **SisterHouse** and its residents.

Respectfully,
Lisa M. Steward-Baugh, Executive Director

SISTERHOUSE

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www.sisterhousechicago.org



School Sisters of Notre Dame
Atlantic-Midwest Province